

Note: These are personal notes made from Master Kumar's speech recording, translated from Telugu. Does not reflect Master's words in entirety. Please use for reference only. Not for publication.

"54th Inter-continental tour briefing"

By Master Parvathi Kumar on 30th of March 2012, at Radhamadhavam, Vizag.

Hearty fraternal greetings to the brotherhood.

The 54th inter-continental tour took place in Europe and America. We have gathered here to share the details of the tour. Greetings to all on the occasion of entering the Nandana new year.

The main purpose in going to West is to share the synthetic way of life that we lead here in the East. There are many in the West who wish to lead a life of light. Those who lead a life with consciousness as the primary aspect instead of giving prime importance to the bodily aspects are the ones who show the way to others. They are like big brothers to the others who are younger ones.

Actually Man was created by God with an aim that he would show way to the other beings younger to him. Man has greater abilities and facilities than devas (intelligences) in creation. He can enter any plane of existence if he wills.

If we live just to grow, eat, sleep and procreate, there is no difference between man and animal. There are lot of difference between a man and animal. We should recognize all that differences and lead a higher life different to that of animals. The stories of Grand Masters like Vasistha, Agasthya, etc. are such stories of Man becoming divine.

So the most important thing is expansion of consciousness. Expansion of consciousness should happen constantly by following the path given the grand Masters. Our nation was the first to be initiated to such a path and now many people from other countries are showing interest to follow the path.

So this tour to the West is one such tour to fulfill such a person. The person behind the organising of this tour is Sister Rosy Dias of Miami. She is an ardent follower of the path. She asked me last year during the May Call that I should visit America this year without fail as it was already 5 years that I visited America. So I promised that I would come this year.

The people in America are living more like machines than humans. They do not have much time for practice though they have lot of aspiration. I visit places according to the practice done and orientation shown by the aspirants in that place. I named the group in Miami as 'a group of catastrophe' as they have many hindrances to move forward in the path.

So I decided to travel in March though it was a tight schedule with financial year ending.

There was a large gathering with people from many countries of North America and South America and some from Europe as well coming with lot of aspiration. People from about 11 nations gathered. We did prayers in the morning & evening and the discourses in the evening, during the weekdays. We had group living during the weekends. We had 5 fire rituals during the tour.

The group asked me to choose a topic for the Seminar and I chose the topic of "Human Transformation".

Men are the sons of Manu, who is the son of Sun God. The words "Maanava" (means 'Man' in Sanskrit) or "Man" were derived out of the word "Manu". So we have descended from the higher planes through Manu onto earth. Man is the only being on earth who knows that he exists. No other being knows that it exists. Man is self conscious. He has the ability to live both inside and outside. Now days, we live more outside and lost the ability to live inside.

Initially after birth, the child lives more inside than outside. A child does not see anything outside for 2 or 3 months after birth but slowly as the child grows he turns more outward than inward. It is at that point of time that he should be taught to orient inward apart from living outward. It is easy to train oneself to orient inward at a young age than after growing old. If a child is not taught to orient inward at that age, he loses that ability to be inside and lives completely outside and later dies outside. A teacher who teaches the child both inner and outer aspects is the real teacher.

Firstly we should know that there is something inside which is higher. We should have certain knowledge of 'Who am I?' originally and what is to be done to become THAT.

The growth of plant or animal is taken care of by nature but we humans should grow by ourselves. Here growth is not growth of body (body, mind & senses). That is taken care of by nature. We should grow in awareness and consciousness by ourselves. Our evolution is left to us. We are given the freedom to choose the path we tread.

The first transformation required to become human from animal. It is turn the mind inward and align it with the Buddhi. Just performing some good activities does not help you to turn inward. It may give you some better life in future but it does not help you to ascend. There should be constant practice and application of mind to inner aspects.

If you are just teaching the mind to live outside, you are teaching it to live as an animal not as a human. Such a teacher is not a teacher at all.

So this is the first transformation which requires lot of discipline. We should lead a proper life outside as well. Only then you are given permission to enter the inner world. This practice should start when we are young at the age of 7. That is why we initiate children at that age as Upanayana.

There are many disciplines given by Patanjali as Yama and Niyama. Speaking the truth, practicing non-violence, not having possessive instinct, not having thieving instinct, cleanliness, self study, seeing the divine in all, etc. were given to us. These are to be followed initially. This is the first step.

The Chittam staying in alignment with the Buddhi is the 2nd step. Entering the Buddhi is the 3rd step which we call the 3rd initiation. Then there are 4th and 5th initiations.

I gave all these steps in details in about 10 days. Everyone participated in the seminar with lot of interest and aspiration. Many of them attended the prayer and seminar by travelling long distances daily with their children.

I met an American who spoke to me and told me "The education system and food system is wrong in America. We are moving in the wrong direction in the name of development and as a result, we are suffering. Even the system of medicine followed here is wrong. I am very sad about the situation in America."

That is the general situation in America. This is a result of abusing the facilities and resources given by nature to increase our personal comforts. This is a word of caution even to us.

Apart from that, the groups who are following in the path of Master are progressing well by following good practices. Many of them in South America & North America are ardent followers of Master St.Germain. The book "Violet flames" written by me is very well received by them.

There is a person who did not have any formal education but he was a man with inner vision. One of our group members went to him for some advice. That person asked our member, "Why are you coming to me when you have your Master to advice you?" Our member was surprised and asked that person "Do you know our Masters?" That man replied "Yes! I do know him." Then our member asked him "Will you please come and meet my Master?" That person replied "It is not necessary." Then our member asked him "Please give me your photo so that I can show it to my Master."

Then that member of our group came to me and told me about that person and asked me "Will you meet him?" I said "It is not necessary." He told me "That person gave the same answer when I asked him to meet you." I then told him "He wants his work to be done through you. Do that work for him. It will be good for you."

Then our member went back to that person and told me of our conversation. That person replied “Yes! I would be pleased if you do a favour for me and told him of the work to be done.” Our member completed that work and told me that the work is done just before I left from America.

I met many other fiery aspirants who are following many practices given by the Masters.

(Now Master is showing all the items that were distributed during the Seminar and Group Living.)

Before going to America, I stayed in Switzerland for a day. Sister Sabine bought a new house for herself and she invited me to her new house. So I visited her house. She was selected as a representative to introduce Ayurveda as an official medicine in Spain. I told her that it is a very good opportunity to serve the nation and the people at large.

Brother Ramana joined me in Mumbai and he took care of me completely during the whole tour. Sister Ana joined us in Switzerland and travelled with us to America. She took care of all the food requirements for me all during the trip. Impressed with her food arrangements, Indians in America started calling her ‘Ana Annapurna’.

Sister Rozy Diaz arranged a prayer hall in her house and installed the idol of Krishna and Shiva linga that she took from India. She won an argument with our airport authorities and took those idols very carefully to her place. She converted her shed into a hall and beautifully decorated that hall and installed the idols there. Water Ritual happens continuously to the Shiva linga in her house. On the night before we planned to perform puja in her house, she was sitting and making all the arrangements at about 1 am in the night. That shows her aspiration.

I told you all this so that we get inspired by the aspiration they show in performing their activities. So those are the details of the 54th tour.

-Swasthi.